



TRANSPORT TO HEALTH PROJECT

Directory of Services

JULY 2023

OPERATIONAL COMMUNITY TRANSPORT SCHEMES

Dial-a-Ride or Car Scheme Organisations. Journeys must be booked in advance.

AREA SERVED	NAME	CONTACT DETAILS	OPERATING HOURS
Blaenau Gwent	Blaenau Gwent Car Scheme <i>Volunteer Car Scheme</i>	Tel: 07706 644275 Email: bgcarscheme@bridgescentre.org.uk	Monday - Sunday Flexible Hours
Blaenau Gwent	Tredegar Transport to Health <i>Volunteer Car Scheme</i>	Tel: 07939 812395 Email: info@transporttohealth.org	Monday – Sunday Flexible Hours
Caerphilly	Community Volunteers Wales <i>Volunteer Car Scheme</i>	Tel: 01633 848899 Email: info@cvw.org.uk	Monday – Sunday Flexible Hours
Caerphilly	Cornerstone Outreach Transport <i>Volunteer Car Scheme</i>	Tel: Email: andrew@cornerstonecic.co.uk	Monday – Friday 09:00 – 17:00
Caerphilly	Disability Can Do <i>Accessible Transport</i>	Tel: 01495 233555 Email: admin@disabilitycando.org.uk	Monday – Saturday Flexible Hours
Caerphilly	Rainbow Community Travel Services <i>Accessible Transport</i>	Tel: 02920 026553 Email: callan.morgan@talktalk.net	Monday - Sunday Flexible Hours
Monmouthshire	Grass Routes Community Transport <i>Dial-a-Ride</i>	Tel: 0800 085 8015 Email: grassroutes@monmouthshire.gov.uk	Monday -Friday 09:00 - 13.30
Monmouthshire	Bridges Community Car Scheme <i>Volunteer Car Scheme</i>	Tel: 01600 228787 Email: carscheme@bridgescentre.org.uk	Monday -Sunday Flexible Hours
Newport City	Grass Routes Community Transport <i>Dial-a-Ride</i>	Tel: 0800 085 8015 Email: grassroutes@monmouthshire.gov.uk	Monday - Friday 09:00 - 13.30
Powys & Abergavenny	Crickhowell Volunteer Bureau <i>Volunteer Car Scheme & Dial-a-Ride</i>	Tel: 01873 812177 Email: crickhowellvolunteerbureau@gmail.com	Monday - Sunday Flexible Hours
Powys	Hay & District Dial-a-Ride <i>Dial-a-Ride operating within a 9 mile radius of Hay-on-Wye</i>	Tel: 01497 821616 Email: haydialaride@gmail.com	Monday - Friday 09:00 - 17:00
Powys	Builth Wells Community Support <i>Volunteer Car Scheme</i>	Tel: 01982 553004 Email: info@builthcs.co.uk	Monday - Sunday 09:00 - 15:00
Powys	Llanwrtyd Wells Community Transport <i>Community Car Service</i>	Tel: 01982 552727 Email: office@lwct.org.uk	Monday - Sunday Flexible Hours

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AREA SERVED	NAME	CONTACT DETAILS	OPERATING HOURS
Torfaen	Torfaen Community Transport <i>Dial-a-Ride</i>	Tel: 01633 874686 Email: torfaenct@btconnect.com	Monday - Saturday 09.00 - 16.00
Torfaen	Age Connects Torfaen <i>Accessible Transport for age 50+</i>	Tel: 01495 769264	Monday - Friday 09:00 - 17:00

DEMAND RESPONSIVE TRANSPORT

Public Bus Services. Journeys must be booked in advance

AREA SERVED	NAME	TELEPHONE	APP/WEBSITE	OPERATING HOURS
Blaenau Gwent: Zone 1: Ebbw Vale & Rassau	Blaenau Gwent Fflecsi	0300 234 0300	Download the Fflecsi App www.fflecsi.wales/locations/blaenau-gwent/	Monday - Saturday 06:00 – 22:00
Blaenau Gwent: Zone 2: Brynmawr, Nantyglo, Blaina, Cwmtillery, Abertillery, Six Bells, Aberbeeg, Llanhilleth	Blaenau Gwent Fflecsi	0300 234 0300	Download the Fflecsi App www.fflecsi.wales/locations/blaenau-gwent/	Monday - Saturday 06:00 – 08:30 17:00 – 22:00
Newport: Old Barn Estate, St Julian's, Barnardtown and Beechwood with the City Centre	Newport Fflecsi 26	0300 234 0300	Download the Fflecsi App www.fflecsi.wales/locations/newport/	Monday - Saturday 07.30 – 18.30
Newport: Rogerstone. Brynglas, Pye Corner, High Cross and Ridgeway with the City Centre	Newport Fflecsi 1	0300 234 0300	Download the Fflecsi App www.fflecsi.wales/locations/newport/	Monday - Saturday 07.30 – 18.30
Newport: Marshfield - St Brides - Castleton	Newport Bus DRT 31	01633 211202	www.newportbus.co.uk/drt-demand-responsive-transport	Monday - Saturday 07:30 - 18:30
Newport: Bishton - Redwick - Llanwern Village	Newport Bus DRT 62	01633 211202	www.newportbus.co.uk/drt-demand-responsive-transport	Monday - Saturday 07:30 - 18:30
Newport: Goldcliff - Whitson	Newport Bus DRT 63	01633 211202	www.newportbus.co.uk/drt-demand-responsive-transport	Monday - Saturday 07:30 - 18:30

PUBLIC TRANSPORT: ONLINE JOURNEY PLANNER

Plan your journeys using rail and bus. Find your bus stops and keep up to date with the latest transport news with Traveline Cymru.

AREA SERVED	NAME	WEBSITE
Pan-Wales	My Health Journey by Traveline Cymru	www.myhealthjourney.traveline.cymru